

## ALL-DAY MENU

### **BREAKFAST BURRITO / 9.50**

Roasted yam, black beans, scrambled egg, cheese and chimichurri, grilled on panini press.

### **GRILLED CHEESE / 6**

Mozzarella and Cheddar cheese on grilled sourdough bread.

### **BUTTER CHICKEN PANINI / 10**

Shredded chicken, roasted red pepper, mozzarella and butter chicken sauce on naan bread, and grilled on panini press.

### **BZT PANINI / 9.50**

Turkey bacon, zucchini, tomato and pesto mayo on grilled multigrain bread.

### **PEACH CAPRESE FLATBREAD / 10**

Peaches, mozzarella and pesto on naan crust, topped with arugula and balsamic glaze.

### **BAGEL & CREAM CHEESE / 4**

Choose between three types of bagels. Toasted and served with cream cheese.

### **SAMOSA & CHUTNEY / 6.50**

Chicken samosa with mango chutney.

## GRAB & GO

### **YAM & GOAT CHEESE SANDWICH / 8**

Roasted yams and red pepper, goat cheese, caramelised onion and sundried tomato mayo on multigrain bread.

### **CHICKPEA AVOCADO SANDWICH / 7**

Chickpea and avocado smash and alfalfa sprouts on multigrain bread.

### **TURKEY & ROASTED RED PEPPER SANDWICH / 8**

Sliced turkey, roasted red pepper, artichokes, provolone cheese and pesto mayo on multigrain bread.

### **PROSCIUTTO & PEACH SANDWICH / 9**

Prosciutto, brie, peach jam and arugula on a baguette.

### **MARINATED CHICKPEA SALAD / 10**

Marinated chickpeas, artichokes, cucumber, tomato, feta and quinoa on romaine lettuce.

### **CURRY CHICKEN WRAP / 7**

Curried chicken salad, mango chutney, pickled red onions, romaine lettuce.

## BAKED GOODS

**ASSORTED MUFFINS / 3.50**

**DESSERT BARS / 4**

**CROISSANT / 3.75**

**CHOCOLATE CROISSANT / 4.50**

**CHERRY DANISH / 4.50**

**LEEK AND PARMESAN DANISH / 4.50**

**JAIDE AND JOEL BARS (made without gluten) / 4.75**



## HOT BEVERAGES

	12 OZ	16 OZ
Brewed Coffee	2.25	2.65
Americano	4.35	5.25
Red Espresso*	6.25	--
Latte	4.95	5.95
Cappuccino	4.75	--
Chai Latte	5.25	6.25
London Fog	5.25	6.25
Hot Chocolate	4.25	5.25
Mocha	5.65	6.25
Cortado	4.50	--
Tea	2.65	3.90

## TEA OPTIONS

Breakfast blend  
Earl Grey  
Gunpowder Green  
Jasmine Green  
Orange Spice  
Rooibos Chai  
Ginger Lemon  
Mate Lemon

## MILK OPTIONS

Whole Milk  
Almond Milk  
Oat Milk  
Coconut Milk  
Lactose-free Milk

## ADD-ONS

Vanilla Syrup	1.00
Hazelnut Syrup	1.00
Caramel Syrup	1.00
English Toffee	1.00
Espresso shot	1.91

## COLD BEVERAGES

	12 OZ	16 OZ
Iced Brewed Coffee	2.85	3.35
Iced Americano	4.75	5.75
Iced Red Espresso*	6.25	--
Iced Latte	4.95	5.85
Refreshers	6.25	--
1. <b>Choose your flavour</b>		
Mango Peach		
Watermelon Cucumber		
Strawberry Acai		
2. <b>Choose your base</b>		
Water		
Green Tea		
Coconut Milk		
<i>Refreshers contain caffeine</i>		

## NEW!

### \*Red Espresso!

Decaf espresso made with rooibos tea!  
Choose between hot or iced.  
Or ask about our other iced tea flavours!

